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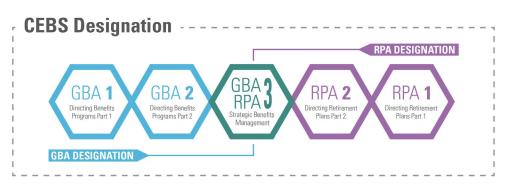


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## Today's Speaker & Topic

## Dr. Eric Bricker Founder, AHealthcareZ

Non-Fee-For-Service Primary Care: What is it? How is it Different? Why is it Better?

## Non-Fee-for-Service Primary Care

What Is It? How Is It Different? Why Is It Better?

## Eric Bricker, MD

- 1. Hosp. Finance Consultant U. Kansas, Cleveland Clinic, Yale
- 2. MD University of Illinois College of Medicine
- 3. Internal Medicine Residency Johns Hopkins School of Medicine
- 4. Hospital Physician Baylor Plano, TX
- 5. Co-Founder, Chief Medical Officer Compass Professional Health Svcs.
- 6. Acquired by Alight Solutions 10,000 employee benefits administration co.
- 7. AHealthcareZ.com 200+ Healthcare Finance Training Videos, 90K Views/Mo
- 8. Texas Family Insurance Selling Oscar ACA Health Insurance to Texas Individuals and Families
- 9. Pro Bono Business Development for Diamond Physicians Direct Primary Care



## On-Site, Near-Site Clinic, Direct Primary Care



#### Patient Perspective

- 1. Typically, Family Practice Physician
- 2. \$0 OOP Cost for Visit
- 3. Same-Day/Next-Day Appointments
- 4. Longer Visits: 45 min vs. 7 min (Patient Panel 400-800 vs. 4,000+; 1% Per Day Rule)
- 5. Basic In-Office Labs Included
- 6. Suturing, Splinting, Nebulizer Treatments, IVs
- 7. Non-Office Care: Telemedicine, Text, Email Integrated with Same Provider
- 8. 24/7 Access

## On-Site, Near-Site Clinic, Direct Primary Care



#### Administrative Differences

- 1. No Claims Submission
- 2. 1.5 Admin FTEs Per Provider vs. 4.5 FFS
- 3. No CPT Code Charge Capture, Only ICD-10 Diagnosis Coding for Analytics Purposes
- 4. Pair with Existing Insurance for 1) Specialist Care, 2) Hospital Care, 3) Labs, 4) Imaging, 5) DME, 6) Rx
- 5. Does NOT Replace Major Medical Insurance
- 6. Monthly Subscription Paid by Employer: \$50-\$150 Per Member Per Month (varies by location, member age, EE Only vs. Dependents)

### Why Do This?

#### High-Cost Claimant Prevention... 5/50 Rule

#### MUST CATCH and INTERVENE EARLY!

- 1. <u>MSK</u>: Spine, Knee, Hip–Medical Management, PT, Weight Loss
- 2. <u>CV</u>: Heart Attack, Stroke Risk Factor Modification—Diabetes, Hypertension, High Cholesterol, Weight Loss
- 3. <u>Cancer</u>: Age-Appropriate Screening, Early Escalation of Signs/Symptoms (e.g. abnormal mole, unexplained weight loss, fatigue)



### Results



#### Milliman Direct Primary Care Analysis

- 1. 41% Drop in ER Utilization
- 2. 20% Decrease in Hospitalizations
- 3. 13% Lower Overall Healthcare Utilization

#### Colorado Municipality

- 1. 31% Decrease in ER Utilization
- 2. 22% Gross Healthcare Spend Savings
- 3. 70% of Members Rated Non-Fee-for-Service Primary Care Clinic 9 or 10 Out of 10
- 4. 80% of Members Self-Reported 'Improved Health'

## Subjective Benefits



- Foster Patient-Doctor Relationship
- Empathy, Trust Needed for Behavior Change
- More Satisfied/Not Burnt-Out Doctor
- Reassurance ('Worried Well')

## Pitfalls



- Physician Must Be Competent
- Physician Needs Excellent Bedside Manner and Communication Skills, Enthusiastic, Likeable
- Utilization: Employees/Dependents Must USE the Clinic, \$0 OOP Best Mechanism
- On-Site/Near-Site Clinic \$500K-\$600K
  Upfront Cost

## Ideal Client Profile



- 1. Older, Low Turnover Employee Population
  - --Municipalities, Professional Service Firms
- 2. Self-Funded or Fully Credible Fully-Insured
- 3. Geographically Centralized

Not Good: Young, High Turnover, Under 50 Lives, Many Locations/Spread Out

## Employee Clinic and DPC Movement



- 20,000 DPC Doctors out of 465,000 Total Primary Care Physicians (4.5%)
- 33% of Employers with >5,000 Employee Have an On-Site Clinic... Up from 24% in 2012
- 16% of Employers with 500-5,000 Employees Have an On-Site Clinic

### Take Home Points

1. Non-Fee-for-Service Primary Care is a Radically Different Patient Experience

2. Meant to be Central to High-Cost Claimant Strategy

3. Large Employer: On-Site/Near-Site Small, Mid-Market Employer: DPC



## THANK YOU ALL!!



- Questions?
- Connect with Eric Bricker on LinkedIn
- Visit AHealthcareZ.com to Subscribe to Healthcare Finance Video Newsletter
  - 90,000 Views Per Month
- EricB@AHealthcareZ.com



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## Reminders

Next meeting, May 13 – Continuing Education (CE) Day! 9:00 am – 1:30 pm, CST Up to 4 hours of TDI CE (1 hour is pending approval) ERISA Compliance, Carolyn McNairy, TASC (1 hour CE) Overview of Transparency Rules, Nikki Chriesman-Green, Foster & Foster (1 hour CE) Ethics, Eric Johnson, ComedyCE (2 hours CE)

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Let us hear from you – what topics and speakers would you be interested in? Email <u>kkwasniak@trueriskadvisors.com</u>